

PALESTRA ARTI MARZIALI – stagione 2024/2025

orario	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì	Sabato
09,00 – 10,00		CORPO VIVO GIN. DOLCE ADULTI			CORPO VIVO GIN. DOLCE ADULTI	
10,00 – 11,00						
15,00 – 15,30						
15,30 – 16,00						
16,00 – 16,30						
16,30 – 17,00	S.A.G.A. Baby Gym		S.A.G.A. Baby Gym	ASD LA PORTA DI LAO TZE - KUNG FU UNDER 14		
17,00 – 17,30	S.A.G.A. Baby Gym		S.A.G.A. Baby Gym	ASD LA PORTA DI LAO TZE - KUNG FU UNDER 14		JDK ALFONSINE AGONISTI
17,30 – 18,00	JI-TA-KIO-EY JUDO UNDER 14		JI-TA-KIO-EY JUDO UNDER 14	ASD LA PORTA DI LAO TZE - KUNG FU UNDER 14		JDK ALFONSINE AGONISTI
18,00 – 18,30	JI-TA-KIO-EY JUDO UNDER 14	JDK ALFONSINE UNDER 14	JI-TA-KIO-EY JUDO UNDER 14	ASD LA PORTA DI LAO TZE - KUNG FU UNDER 14	JDK ALFONSINE UNDER 14	JDK ALFONSINE AGONISTI
18,30 – 19,00	JI-TA-KIO-EY JUDO UNDER 14	JDK ALFONSINE UNDER 14	JI-TA-KIO-EY JUDO UNDER 14		JDK ALFONSINE UNDER 14	JDK ALFONSINE AGONISTI
19,00 – 19,30	JI-TA-KIO-EY JUDO UNDER 14	JDK ALFONSINE AGONISTI	JI-TA-KIO-EY JUDO UNDER 14	JI-TA-KIO-EY JUDO AGONISTI	JDK ALFONSINE AGONISTI	
19,30 – 20,00	JI-TA-KIO-EY JUDO AGONISTI	JDK ALFONSINE AGONISTI	JI-TA-KIO-EY JUDO AGONISTI	JI-TA-KIO-EY JUDO AGONISTI	JDK ALFONSINE AGONISTI	
20,00 – 20,30	JI-TA-KIO-EY JUDO AGONISTI	JDK ALFONSINE AGONISTI	JI-TA-KIO-EY JUDO AGONISTI	JI-TA-KIO-EY JUDO AGONISTI	JDK ALFONSINE AGONISTI	
20,30 – 21,00	JI-TA-KIO-EY JUDO AGONISTI	JDK ALFONSINE AGONISTI	JI-TA-KIO-EY JUDO AGONISTI		JDK ALFONSINE AGONISTI	
21,00 – 21,30						